

“PREGNANT? - YOU’RE GLOWING!”

For many women, this is not just a wives’ tale, pregnancy quite literally radiates from within and creates a gorgeous glow in the skin.

But for many other women, this is not the case. Higher levels of hormones called androgens can prompt the sebaceous glands in your skin to get bigger and boost production of an oily substance called sebum.

This extra sebum, combined with the shed skin cells that line your hair follicles, block pores and create an environment in which bacteria can rapidly multiply.

A variety of other bumps, rashes or discolorations may occur as well, most of them due to hormone activity.

Breyer Medspa offers a solution with our [Prenatal Skin Rejuvenation](#).

The Breyer Medspa is located at the intersection of Old York Road (Rt. 611) and Township Line Road (Rt. 73), in Suite 200 of The Breyer Office Park at the Pennsylvania College of Optometry complex.

[FROM I-95/COTTMAN AVE./RT. 73](#)

Take Cottman Ave. to Old York Rd./Route 611. Cross over Old York Rd./Route 611 onto Township Line Rd. At your first light make a left into the Breyer Office Park.

[FROM PA TURNPIKE/WILLOW GROVE/611 S.](#)

Take 611 South to Township Line Rd. Make a right onto Township Line Rd. At your first light make a left into the Breyer Office Park.

[FROM ROUTE 76/SCHULKYLL EXPRESSWAY](#)

Merge onto I-76 West; keep right to take US-1 North/Roosevelt Expressway via exit 340B toward Roosevelt Blvd. Take the exit toward PA-611/Broad Street. Stay straight to dead end, turn left onto PA-611/N. Broad Street. Just past Oak Lane Diner, make a slight right onto Old York Road/PA-611. After a few miles, shortly past the Cheltenham Police Station, make a left into Breyer Office Park.



[Cancellation Policy](#)

In the event that you need to reschedule or cancel your appointment please allow 48 hours notice as a courtesy to the technician and other clients that want to schedule appointments. Failure to comply may result in a cancellation fee.

[Payment](#)

At the Breyer Medspa we gladly accept credit cards, check, or cash at time of treatment. Financing options also available.

(215)886-9116

www.breyermedspa.com



Comfortable In Your Own Skin



PRENATAL SKIN REJUVENATION

BREYER MEDSPA

At Breyer Medspa, we understand how important it is to feel good about yourself. Our cosmetic programs focus not just on skin care, but on results-based treatment and maintenance for the lasting health of your skin and overall appearance.

Under the supervision of Reproductive Endocrinologist Dr. Michael Birnbaum, Breyer Medspa specializes in basic and advanced skin treatments as well as laser skin therapy. Our treatments are designed to defeat the signs of skin damage caused by aging, acne, scarring, rosacea, broken capillaries or harsh and temporary hair removal methods.

Dr. Birnbaum offers a uniquely complete approach to skincare, drawing on his 30 years of diagnosing and treating endocrine disorders as well as extensive surgical laser experience. As a result, we are able to not only correct skin disorders at the surface, but also medically treat underlying hormonal causes.

Whether you want to indulge in a pampering skin care treatment, undergo laser therapy, or are simply looking for an effective skin care regimen, our experienced and fully trained medical aesthetician and staff will address your personal concerns and skincare needs at your **free consultation**.

PRENATAL SKIN REJUVENATION

The prenatal program is a series of (3) personally customized “pregnancy-friendly” skin care treatments **over the course of the 3rd trimester** that gently but effectively:

- ✓ Cleanse
- ✓ Exfoliate
- ✓ Treat
- ✓ Hydrate

Pregnancy “Mask”

A common pregnancy skin problem is melasma, also known as chloasma or “pregnancy mask” - patches of dark, pigmented skin on the face.

Pregnancy mask is related to pregnancy hormones and sunlight exposure. The American Academy of Dermatology says women with darker complexions and dark hair are at greatest risk. Staying out of the sun can diminish discoloration, in addition to wearing sunscreen.

Our Prenatal Skin Rejuvenation package includes **SkinCeuticals Phyto Corrective Gel**, which safely suppresses pigment, and has been shown to lighten pigmented lesions on the skin.

Post Partum Pampering

As part of the package, a **Half Price Treatment** is included for a 3 month post-labor pick-me-up.

Package includes (4) Facial Treatments and (1) home care product.

Basic Skincare - \$370

Advanced Skincare - \$535

ADDITIONAL RECOMMENDATIONS

Alpha Hydroxy or Glycolic Acid

While many medical grade skin care ingredients are contra-indicated during pregnancy (i.e Salicylic Acid or Retinoids), many are a safe and effective home treatment to exfoliate outer skin cells to reveal a healthier, fresh-faced glow.

- **Intense Line Defense** – a powerful blend of 12% AHA’s
- **Glycopads** – pre-moistened toner pads containing 10% glycolic acid

Breyer Medspa also offers an **Exfoliating Scrub**, fortified with Green Tea antioxidants.

Photo Protection

Vitamin C Antioxidant - Environmental elements like sun and pollution cause photo damage. Topical Vitamin C serums effectively neutralize these elements, reducing pigmentation and promoting collagen synthesis.

UVA/UVB Sunscreen – Although SPF is recommended as invaluable skin care at any time, hormones during pregnancy make the skin more susceptible to photo damage.

Titan® Laser Skin Tightening

Titan utilizes safe infrared light to produce deep dermal heating to produce a two-fold tightening effect to 1) reinvigorate compromised cells and 2) stimulate newer, healthier, and firmer collagen.

Without surgery, recovery time or injections, Titan is an ideal solution for post-natal treatment to firm loose skin in the abdomen.